



July 2025 to June 2026

	Term 3 2025	Term 4 2025	Term 1 2026	Term 2 2026
Seasons for Growth Level 3 for ages 11 - 12 years	Complete your registration or EOI now. Places Limited.	Due to Run! 9 sessions 3.30pm - 4.30pm	Complete your registration or EOI now. Places Limited.	Due to Run! 9 sessions 3.30pm - 4.30pm
Youth MHFA For 18+ living or working with youth	Due to run! 2 days: 9am - 4.30pm 15 th and 16 th September Complete your Registration today!	Due to run! 2 days: 9am - 4.30pm Dates TBC Complete your Registration or EOI today!	Complete your registration or EOI now. Places Limited.	Complete your registration or EOI now. Places Limited.
Cool Kids - Anxiety Program	Complete your registration or EOI now. Places Limited.	Complete your registration or EOI now. Places Limited.	Due to Run! 10 sessions 3.30pm - 5.00pm	Complete your EOI now for future places.
Tuning in to Teens - Parents program	Complete your registration or EOI now. Places Limited.	Complete your registration or EOI now. Places Limited.	Due to Run! 6 Sessions 2 hours per session 3.00pm - 5.00pm	Complete your EOI now. Places Limited.
Seasons for Growth Level 2 for ages 9 - 10 years	Complete your registration or EOI now. Places Limited.	Due to Run! 9 sessions 3.30pm - 430pm	Complete your registration or EOI now. Places Limited.	Due to Run! 9 sessions 3.30pm - 430pm
Conversations about Non-Suicidal Self-Injury MHFA	On Demand. Complete your EOI now.	On Demand. Complete your EOI now.	On Demand. Complete your EOI now.	On Demand. Complete your EOI now.
Conversations about Suicide MHFA	On Demand. Complete your EOI now.	On Demand. Complete your EOI now.	On Demand. Complete your EOI now.	On Demand. Complete your EOI now.

Note:

Specific days for programs will be set based on EOI Information received.

For information on the above programs, registration or to complete an EOI Please contact **Sharnie Willis** at Centacare 63318944.